MENTAL HEALTH RESOURCES

American Academy of Child and Adolescent Psychiatry (AACAP):

Facts for Families – handouts on different conditions
http://www.aacap.org/AACAP/Families_and_Youth/Facts_for_Families/Facts_for_Families_Keyword.aspx

Resource Centers – further information about certain conditions or populations (ie, Anxiety disorders, military families, etc)
http://www.aacap.org/AACAP/Families_and_Youth/Resource_Centers/Home.aspx?hkey=d603a11b-e1fb-489c-9e91-71d3c29757e2

Psychiatric Medications
http://www.aacap.org/AACAP/Families_and_Youth/Resources/Psychiatric_Medication/Home.aspx

American Psychiatric Association (APA): http://psych.org/

American Psychological Association: http://apa.org/helpcenter/index.aspx

Parents Med Guide – APA and AACAP guides for depression, ADHD and bipolar disorder:
http://www.parentsmedguide.org/

National Center for Learning Disabilities: http://www.ncld.org/

Children and Adults with Attention-Deficit/Hyperactivity Disorder (CHADD): http://www.chadd.org/

Transition Year – help with transition to college for those with mental health issues:
http://www.transitionyear.org

The Balanced Mind Foundation – Family resources for kids with mood disorders:
www.thebalancedmind.org

National Alliance on Mental Illness: www.nami.org

Mental Health America: www.mentalhealthamerica.net

Emergency ID - http://emergencysafeguard.com/products.php